

ROAD SAFETY EDUCATION OFFICE
BE SEEN BE SAFE



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You've got to be seen to be safe

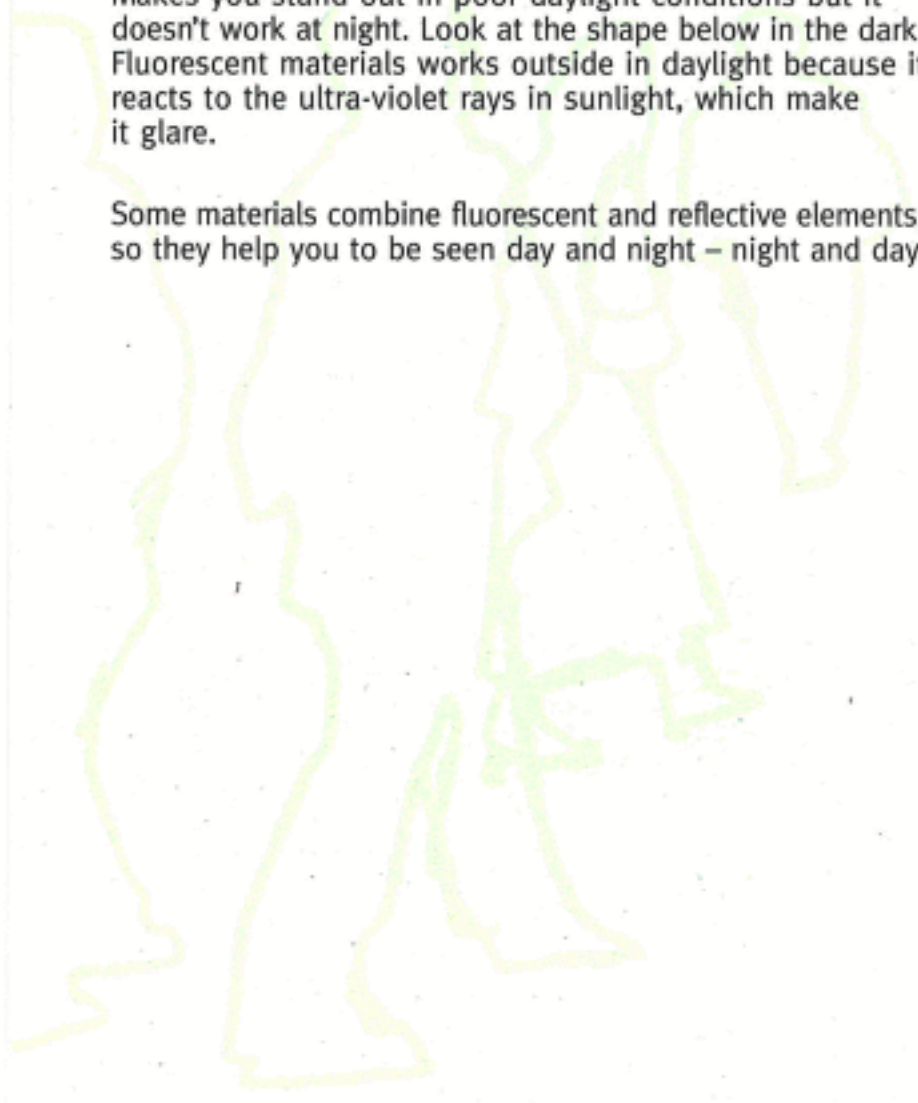
Many serious collisions happen because motorists do not see other road users until it is too late. In darkness or in dull light drivers may not be able to see a person in dark clothes, or they may be dazzled by the lights of other vehicles. Everyone using the road is at risk, the most vulnerable road users are pedestrians, cyclists, motorcyclists and horse riders.

How Bright Are You? Test Yourself

Fluorescent Material...

Makes you stand out in poor daylight conditions but it doesn't work at night. Look at the shape below in the dark. Fluorescent materials works outside in daylight because it reacts to the ultra-violet rays in sunlight, which make it glare.

Some materials combine fluorescent and reflective elements, so they help you to be seen day and night – night and day.



Reflective Material...

Doesn't work in daylight, but shine a light on the shape below in the dark and see how it shows up. Reflective materials work in the dark because it's special surface reflects the light of car headlights straight back at the driver. Drivers using headlights can see reflective materials up to three times as far away as non-reflective materials, even a small patch of the material can help other road users to see you at a considerable distance.

If you don't have anything fluorescent or reflective, wear something white, bright or light coloured.

Whatever you do, don't go out at night in dark clothes.

Dress to Impress

Always carry a torch at night in rural areas.

If you are riding a horse at night or in poor visibility, make sure your horse has reflective bands above the fetlock joints. Carry lights which show white to the front and red to the rear. The rider should be dressed in reflective clothing.

If you are herding animals after dark, then wear reflective clothing and ensure that lights are carried (*white at the front and red to the rear*).

There is a very wide range of safety aids available including: Armbands, belts, jackets, sashes, strips and waistcoats.



CONTACTS

Further information on Road Safety may be obtained from the DOE Road Safety Education Offices located at the following addresses:-

Belfast Education and Library Board Area

c/o 40 Academy Street
Belfast
BT1 2NQ
Tel: 028 9050 8181

North Eastern Education and Library Board Area

County Hall
182 Galgorm Road
Ballymena
BT42 1HN
Tel: 028 2564 4311

South Eastern Education and Library Board Area

Hydebank
4 Hospital Road
Belfast
BT8 8JL
Tel: 028 9025 3123

Southern Education and Library Board Area

Library Headquarters
1 Markethill Road
Armagh
BT60 1NR
Tel: 028 3752 0773

Western Education and Library Board Area

Lisnagelvin Crown Building
2 Crescent Road
Lisnagelvin
Londonderry
BT47 2NJ
Tel: 028 7131 9319

